



Chelmer Village Hall, Chelmer Village Square, Chelmsford, Essex CM2 6RF  
Telephone: 07901 886488  
Registered Charity No. 1054083

## 9.09 Sleeping child

- If children fall asleep in-situ it may be necessary to move or wake them to make sure they are comfortable and are within sight and/or hearing of staff
- Sleeping children are regularly checked at least every ten minutes and this is recorded in our Sleeping Child book with the time recorded of when they fell asleep and when they awoke and this information is shared with parents at collection time.

### Further guidance

[Safer Sleep for Babies](http://www.lullabytrust.org.uk/safer-sleep-advice) (Lullaby Trust) [www.lullabytrust.org.uk/safer-sleep-advice](http://www.lullabytrust.org.uk/safer-sleep-advice)